



# Borderline Personality Disorder Society of BC

<b>Position Title:</b>	DBT Group Leader
<b>Reports To:</b>	President
<b>Term:</b>	8-month contract
<b>Location:</b>	Remote – residents of British Columbia
<b>Compensation:</b>	Contract based on deliverables (Part-time equivalent estimate: \$55/hour)
<b>Closing Date:</b>	April 15, 2024

## About Us:

The Borderline Personality Disorder Society of British Columbia (BPDBC) is a *nonprofit charitable organization*. Our mission is to provide education and support for people living with borderline personality disorder (BPD), their family members and friends; to increase awareness to the community at large throughout BC; and to promote research about BPD. The Society was founded in 2012 with the goal of creating awareness of the stigma that exists around BPD, educating the public on up-to-date information on BPD, and supporting the BPD community to live a life experienced as worth living through peer support and evidence-based skills groups. We offer weekly peer-led support groups, accessible Dialectical Behaviour Therapy (DBT) skills groups, awareness presentations, and system navigation. The BPDBC provides an anti-oppressive, culturally sensitive, and trauma-informed approach to supporting our community. We are a passionate and collaborative team dedicated to filling the gaps in service for people living with BPD and their loved ones.

## Role Overview:

The BPDBC is seeking two passionate and skilled contractors to lead our DBT skills groups. The successful candidate embodies professionalism, collaboration, strong interpersonal skills, and expertise in working with people living with BPD. These individuals work alongside the Executive Team with the shared purpose of carrying out our mission and vision. The DBT group leaders will be responsible for screening & intake, leading a pre-developed weekly 24-week group, administering surveys, participating in peer consultation meetings & supervision, maintaining confidential notes, and case management as needed. Referrals, charting services, and billing processing will be provided. The work you do with the BPDBC will have a direct and positive impact on people living with BPD in the province of BC. Our Society believes in providing its contractors with a respectful and inspiring workplace.

## Responsibilities:

- Screen potential group participants through an on-line survey; participate in intake assessments; select participants for the group; complete consent forms; inform applicants as required.
- Prepare to deliver the weekly curriculum for the group sessions and revise as necessary
- Co-lead virtual 24 group sessions on Tuesday evenings as developed for the group by the Society
- Adhering to the DBT treatment model with adults living with BPD and co-occurring disorders
- Maintain professional documentation such as assessments and case notes in the confidential server
- Participate in weekly team consultations and monthly supervision
- Establish and maintain professional alliances with community partners and service providers
- Provide case management as needed while maintaining client and team communication
- Administer pre/mid/post test surveys to clients
- Periodic meetings with the BPD/BC executive team to provide clinical updates, review progress, and discuss approaches to clinical intervention.

### **Skills and Abilities:**

- Passionate about working with people living with BPD and complex PTSD
- Knowledge and understanding of borderline personality disorder with a commitment to reduce stigma
- Able to work well from a trauma-informed, anti-oppressive, gender diverse, culturally sensitive approach
- Understanding and affirmation of the BPD/BC's mission and values
- Skilled at working in a highly diverse community with individuals from varied backgrounds and a variety of age groups, presenting with a range of concerns
- Strong organizational and time management skills to determine work priorities
- Excellent computer skills and proficient in various technologies
- Demonstrated ability to build rapport, trust, and have strong empathy balanced with clinical therapeutic skills
- Are a team player, enjoys collaboration and innovation while confident and independent as a therapist who seeks ongoing education
- Ability to communicate effectively with senior management and team about client concerns and DBT programming in a timely manner

### **Qualifications and Experience:**

- Master's degree in counselling, social work, or human services field or a combination of equivalent work experience and education
- Minimum 3 years clinical experience working with people living with BPD
- Knowledge and experience in group facilitation with people with complex mental health needs
- Trained in Dialectical Behavior Therapy with a preference for Comprehensive/Foundational
- Must be registered as a Clinical Counsellor (RCC), Canadian Certified Counsellor (CCC) or Registered Social Worker (RSW or RCSW) in good standing within British Columbia

- Be willing to provide virtual only services with own computer, phone, and private space
- Must be available for minimum 10 hours per week
- Competency in legislative and/or regulatory requirements of the member's college(s), advancing best practices and adhering to ethical standards and confidentiality
- Ability to work on Tuesday evenings
- Proficiency in English

**Assets:**

- Experience working with eating disorders and substance use disorders
- Trained in additional evidence-based models that support people with BPD and complex PTSD

**Why Join our Team?**

- Flexible remote work schedule
- Clinical supervision by evidence-based practice expert
- Will be provided training and program materials for the position
- Professional liability insurance in British Columbia covered
- A supportive team atmosphere with peer consultation and opportunity for collaboration
- A PHIPA-compliant client management system for record keeping, as well as platform for virtual sessions and encrypted email address
- Dedicated support for incoming referrals
- Casual dress
- Remote administration support for billing

**How to Apply:** If this position sounds like a great fit for you, please email a cover letter and resume to [dbtskills@bpdbc.ca](mailto:dbtskills@bpdbc.ca) with “DBT Group Leader” in the subject line. The application deadline is **Thursday, April 15, 2024**. We thank all applicants for their interest, however only those shortlisted will be contacted.



BPDBC is dedicated to providing support, education, and advocacy to people living with borderline personality disorder and their loved ones. We are an equal opportunities employer and enthusiastically welcome applications from all suitably qualified persons regardless of race and ethnicity, religion, disability, sexual orientation, or gender identity. We value the diversity of the communities we serve and are committed to engaging and developing an inclusive workforce. We encourage people with lived experience of BPD to apply for positions. Should you require accommodations in order to attend the interview please let us know.